



WHITSUNDAY SAILING CLUB

COVID-19 SAFETY PLAN (SAILING)

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Version	A
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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Whitsunday Sailing Club to support its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the club, any facilities it controls, the on water behaviour of all members and participants and the monitoring and reporting of the health of attendees at club facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Whitsunday Sailing Club's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Club sailing events cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process the club must consider and apply all applicable State and Territory Government and local restrictions and regulations. Whitsunday Sailing Club needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

3. Responsibilities under this Plan

Whitsunday Sailing Club retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Board of Whitsunday Sailing Club is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Board has appointed the following person as the Club's COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Michael Carter
Contact Email	gm@whitsundaysailingclub.com.au
Contact Number	07 4946 6138

Whitsunday Sailing Club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Australian Sailing;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Return to Sport Arrangements

As at 1 June 2020, participants are working in accordance with Level A of the AIS Framework. This Plan outlines specific sport requirements that Whitsunday Sailing Club will implement for Level B and Level C of the AIS Framework.

Whitsunday Sailing Club will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

4.2 Roadmap to a COVIDSafe Australia

Whitsunday Sailing Club will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

AIS Activities	Solo or double handlers (if allowed by State/Territory regulations) only. Full training. Full training and competition.	Full Training		Full training and competition.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m ²).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

5. Recovery

When public health officials determine that the outbreak has ended in the local community, Whitsunday Sailing Club will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Whitsunday Sailing Club will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of Whitsunday Sailing Club will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Appendix: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B) No competition, Training Only	Plan Requirements (for activities under AIS Framework Level C) Competition and Training allowed
Approvals	<p>The club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> ➤ State/Territory Government approval of the resumption of community sport. (Done) ➤ Relaxation of public gathering restrictions to enable training to occur. (Done) ➤ Local government/venue owner approval to training at venue, if required.(N/A) ➤ National/state sporting body (Yachting Queensland / Australian Sailing) approval of return to training for community sport. (Underway) ➤ Club committee has approved return to training for club. (Underway) ➤ Insurance arrangements confirmed to cover training. (Underway) 	<p>The club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> ➤ Relaxation of public gathering restrictions to enable competition to occur. ➤ Local government/venue owner approval to competition at venue, if required. (N/A) ➤ National/state sporting body/local association approval to return to training/competition for community sport.(Underway) ➤ Club committee has approved return to competition for club. (Underway) ➤ Insurance arrangements confirmed to cover competition.
Training Processes	<ul style="list-style-type: none"> ➤ While we are all missing the usual social atmosphere of our clubs, the “new normal” for sailing NSW sailing clubs is GET IN, SAIL & GET OUT..... <ul style="list-style-type: none"> • Arrive dressed and ready to sail • Minimise the use of change rooms, bathrooms and communal areas • Shower at home instead of at the club • The 4m2 rule applies ashore and sailors should maintain at least 1.5m distance • Avoid congregating in high traffic areas • Note the location of hygiene stations are sanitise hands regularly • Training sessions will be co-ordinated by the club sailing manager, with training sessions limited as follows: 	<ul style="list-style-type: none"> ➤ While we are all missing the usual social atmosphere of our clubs, the “new normal” for sailing NSW sailing clubs is GET IN, SAIL & GET OUT..... <ul style="list-style-type: none"> • Arrive dressed and ready to sail • Minimise the use of change rooms, bathrooms and communal areas • Shower at home instead of at the club • The 4m2 rule applies ashore and sailors should maintain at least 1.5m distance • Avoid congregating in high traffic areas • Note the location of hygiene stations are sanitise hands regularly • A revised race program has been prepared • There is a maximum of 20 persons aboard any boat

	<ul style="list-style-type: none"> • Wednesday afternoon – Offshore Division • Thursday afternoon – Off Beach Division • Friday afternoon – Off Beach Division (Schools) • Sunday afternoon – Off Beach Division • Training will entail all aspects of sailing including mark roundings, starting, spinnaker work, tactics, etc. • There is a maximum of 20 persons aboard any boat • Where possible, sailors should maintain at least 1.5m distance apart <ul style="list-style-type: none"> • No stacking the rail – crew should remain at least 1.5m apart while on the rail • No unnecessary body contact (e.g. hand shaking, high fives) • No sharing of drink bottles, clothing, food and towels etc. • Avoid sharing of equipment – bring your own lifejacket, gloves etc • Sanitising requirements, including use of sanitising stations. • Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Training attendance register kept (Crew list is required for each boat). 	<ul style="list-style-type: none"> • Where possible, sailors should maintain at least 1.5m distance apart <ul style="list-style-type: none"> • No stacking the rail – crew must remain at least 1.5m apart while on the rail • • No unnecessary body contact (e.g. hand shaking, high fives) • No sharing of drink bottles, clothing, food and towels etc. • Avoid sharing of equipment – bring your own lifejacket, gloves etc • Sanitising requirements, including use of sanitising stations. • Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Training attendance register kept (Crew list is required for each boat).
Personal health	<ul style="list-style-type: none"> • Do not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Wash hands prior to, during and after training and use of hand sanitiser where available. • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. • Wash personal equipment. 	<ul style="list-style-type: none"> • Do not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Wash hands prior to, during and after training and use of hand sanitiser where available. • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. • Wash personal equipment.
Hygiene	<ul style="list-style-type: none"> • Avoid congregating in high traffic areas • Note the location of hygiene stations are sanitise hands regularly 	<ul style="list-style-type: none"> • Avoid congregating in high traffic areas • Note the location of hygiene stations are sanitise hands regularly
Communications	<ul style="list-style-type: none"> • Requirements under the Whitsunday Sailing Club Covid-19 safety plan will be published on the WSC website 	<ul style="list-style-type: none"> • Requirements under the Whitsunday Sailing Club Covid-19 safety plan will be published on the WSC website

	<p>(www.whitsundaysailingclub.com.au) and updates will be forwarded to registered boat owners. It is the responsibility of each skipper to ensure that all crew have read and understood both club and personal expectations.</p> <ul style="list-style-type: none"> • Any tasks that can be done at home, should be done at home (e.g. crew meetings, debriefing etc) • It is strongly recommended that all sailors download the Australian Government COVID -19 contact tracing app (COVIDSafe) and keep it active at all times • • It is also recommended that sailors be tested for COVID-19 • If you are a person with high risk of COVID-19, or have symptoms of the Virus (even if mild), stay at home • To provide for possible tracing, all competing boats are required to register all their crew details (Crew Name and AS Number or SailPass Number) before each race. The penalty for not registering before the finish time of the last boat is disqualification from the race. • Promotion of good personal hygiene practices in and around training sessions and in Club facilities is covered under the venue Covid-19 Safety Plan 	<p>(www.whitsundaysailingclub.com.au) and updates will be forwarded to registered boat owners. It is the responsibility of each skipper to ensure that all crew have read and understood both club and personal expectations.</p> <ul style="list-style-type: none"> • Any tasks that can be done at home, should be done at home (e.g. crew meetings, debriefing etc) • • It is strongly recommended that all sailors download the Australian Government COVID -19 contact tracing app (COVIDSafe) and keep it active at all times • • It is also recommended that sailors be tested for COVID-19 • • If you are a person with high risk of COVID-19, or have symptoms of the Virus (even if mild), stay at home • To provide for possible tracing, all competing boats are required to register all their crew details (Crew Name and AS Number or SailPass Number) before each race. The penalty for not registering before the finish time of the last boat is disqualification from the race. • Promotion of good personal hygiene practices in and around training sessions and in Club facilities is covered under the venue Covid-19 Safety Plan
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Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	A Separate Plan for Facility Operations will be prepared prior to opening for business. The club remains closed.	A Separate Plan for Facility Operations will be prepared prior to opening for business